

Keep abreast of your health

In celebration of the Breast Cancer Awareness Month this October, the Philippine Foundation for Breast Care Inc. (PFBCI) and Philippine Wacoal Corporation, set the kick off activity last Sept. 22 for the 2nd year of "Keep Abreast" Cancer Awareness Seminar.

The event features the official launching of the partnerships logo, "Keep Abreast". The logo symbolizes the recently pursuits of PFBCI and Wacoal in providing substantial knowledge and insights about breast cancer to the public.

Shedding life and depth to breast cancer awareness are experts of the field to share their



knowledge and experiences about breast cancer. One of the speakers, Suzette Andrews, a cancer survivor and a founder of the *Big C Magazine*, shares her experiences and struggles when she was confronting breast cancer. An epitome of courage to those likewise suffers the disease.



"Despite the adverse effects of cancer, you are your normal self and you will soon survive the

disease. You must go on with your life and surround yourself with positive thoughts and people. The doctor will be your best source of information," she emphasized.

On the other hand, Glenda Garcia, a breast cancer awareness advocate and a volunteer of PFBCI, persuades every Filipino to join hands in spreading awareness on Breast Cancer: "People, be they rich or poor, should participate and help carry each other's burden. It is important to help in letting the people know that there's hope, cure, and most of all, there's God".



In the event, a mini documentary compilation of testimonials for both breast cancer patients and survivors is presented. Furthermore, an AVP recaps the highlights of PFBCI and Wacoal's partnership and activities in 2005.



The event will also provide free breast check up for all the participants.

The "Keep Abreast" Breast Cancer Awareness Seminar will run on three Saturdays of October: Oct. 7 (9a.m.) and Oct. 14 (2p.m.) at Asian Institute of Management in Makati and on Oct. 21 at Philippine Stocks Exchange (9a.m.) in Ortigas. Admission is free and open to the public.

For reservations and inquiries, call Wacoal Customer Service Hotline 884-1517 or email philwacoal@wacoal.ph.