

LIFESTYLE

Cancer awareness seminars sets

THE "KEEP ABREAST" CANCER Awareness Seminar will be held Oct. 7, 9a.m. and Oct. 14, 2p.m. at the Asian Institute of Management, Makati; and Oct. 21, 9a.m. at the Philippine Stocks Exchange in Ortigas.

The seminar is part of the annual observance of Breast Cancer Awareness Month this October by the Philippine Foundation for Breast Cancer Care, Inc. (PFBCI) and Philippine Wacoal Corporation.

The first on the series, now on its second year, was held late September and featured the official launch of the "keep abreast" logo. The logo symbolized the commitment of partners PFBCI and Wacoal in providing knowledge and insights on breast cancer.

Seminar speaker was Suzette Andrews, a cancer survivor and founder of the Big C Magazine. She encountered breast cancer victims to "go on with your life and surround yourself with positive thoughts and people". Glenda Garcia, a breast cancer awareness advocate and volunteer for PFBCI, urged Filipinos to help spread awareness of breast cancer and that there were "hope, cure, and most of all there's God".

A mini-documentary compilation of testimonials from breast cancer patients and survivors was presented. Participants got free breast check-up. Admission to the seminar is free. Call 884-1517 or email philwacoal@wacoal.ph.